



Give a Gift that Transforms Lives this Christmas

The dedication of slum communities is integral to the success of Asha. We have grown into a team not simply made up of staff, but of volunteers within communities, who work tirelessly to transform the lives of those around them.

At Asha, we work alongside these communities, to determine together, the resources they need to support this work.

This Christmas we ask you to help us continue to equip this vital work with gifts these communities desperately need.



Vital Medical Equipment

Every day Community Health Volunteers bring health education and vital medical support across the slums. Their work really does save lives. With your help we want to provide the ongoing medical resources and equipment they need to continue to make a difference.



“For slum dwellers, accessing quality healthcare services is not easy. Either they are too expensive or involve a lot of paper work. But at Asha, we ensure that quality medical services are provided to each patient, along with easy access to medicines,” shares Pooja, a Community Health Volunteer at Dr Ambedkar slum colony.

- \$40** would provide Iron and Folic Acid to pregnant and anaemic women.
- \$60** would provide antibiotics for a slum based health clinic for a month.
- \$100** would provide vital equipment for slum based health clinic.



Gifts to the Elderly

Our women and children's association lobby for social and environmental changes and ensure that vulnerable members of the community are cared for.

At Christmas these groups provide elderly and ill residences with blankets to protect them from the cold Delhi winter.

“The chilly weather makes it very difficult for us to cope, especially for the elderly. Lack of basic resources and warm clothes affects their health in a great way,” remarks Sunny, children's association member from Dr Ambedkar slum colony.

\$10 would provide a set of warm clothes for the elderly.

\$15 would provide a blanket to protect them from the chilly weather.



We are so grateful for your support and in return for your donation we will send you a thank you letter including an image of the gift that you have brought. If you would like to donate to Asha as a Christmas present for a friend or family member then please let us know in the form below and we will provide you with a thank you message and picture to pass on.

With your help even a small gift can go a great distance by transforming whole communities.



Wishing you and your family a wonderful Christmas!



Friends of Asha, USA (EIN #010557632) can collect funds for Asha from the USA.

1. **To donate online:** Visit our website at www.asha-india.org/getinvolved/donate and follow the simple steps to make your payment via a secure server.
2. **To donate by cheque:** Make a cheque payable to **'ASHA (USA)'** and mail to: Louanne Hempton, ASHA (USA), 96 Sweetwater Ave #6, Bedford, MA 01730, USA

For more information, contact Louanne Hempton at lhempston@hotmail.com

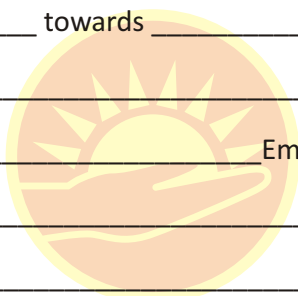
I enclose a contribution of \$ _____ towards _____

Full name & title: _____

Organisation (if any): _____ Email Address: _____

Address: _____

City and postcode: _____ Country: _____



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